



**The Children's Hospital  
of San Antonio™**

CHRISTUS Health

# Weekly Roundup

Our newsletter is designed to keep our Associates and physicians up to date on the latest news about our hospital

## Ally Brooke Visits



Born at Santa Rosa Children's Hospital in 1993, Ally Brooke weighed less than two lbs. and spent two months in the Neonatal Intensive Care Unit growing healthy and strong. Ally was a recent contestant on *Dancing with the Stars* and a former member of the girl group Fifth Harmony. She is now busy establishing a successful solo career. On Thursday, Ally was thrilled and humbled to visit with Associates and children at The Children's Hospital of San Antonio.



**See more photos of Ally Brooke's visit on page 5**

## The Good Shepherd Mural Unveiled and Blessed by the Archbishop



The Good Shepherd stained glass mural was unveiled on Monday by members of the Sisters of Charity of the Incarnate Word. The mural is among the most beautiful religious artifacts owned by the Sisters.

Sister Kathleen Coughlin, CCVI, spearheaded the effort to bring the mural to the hospital. She served as CEO of St. Anthony Hospital in Amarillo, Texas, where the mural was

originally installed in 1972.

Archbishop Gustavo García-Siller blessed the newest addition to The Children's Hospital lobby and prayed the mural would give hope to children and their families who seek care here and provide inspiration to our hospital's leaders, Associates and physicians who care for children.



## Active Shooter Training Begins

### Preparing for the worst case scenario

Our Security team is actively involved in preparing Associates and physicians on how to respond in the event of an active shooter situation at our hospital. Run, Hide, Fight is the title of the video produced by the City of Houston.

During our initial training last week, more than 500 Associates attended a brief 15-minute long class and viewed the video. If you were not able to attend, here is a link to the [YouTube video](#).

Roy Alston, Vice President of Security for CHRISTUS Health, says additional training including internal drills in various areas of the hospital will be conducted.

Roy also shared these tools to further describe ways we can respond to and survive an active shooter situation:

[Active Shooter Poster](#)

[Active Shooter Pocket Card](#)

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## Zero Harm Starts with You

### Clean hands can save lives

By Deon Hobbs, RN, Director of Patient Safety and Quality

Dirty hands are a contributing factor in the spread of health care-associated infections (HAIs) that affect one in 25 hospital patients on any given day.

Proper hand hygiene is the single most important, simplest, and least expensive means of reducing the prevalence of HAIs and the spread of antimicrobial resistance. All health care workers (HCW) should follow good hand hygiene practices, such as cleaning their hands before and after every patient contact.

“My Five Moments for Hand Hygiene” approach as key to protect the patients, HCWs and the health-care environment against the

spread of pathogens and thus reduce HAIs.

This approach encourages us to clean our hands:

- **Before touching a patient,**
- **Before clean/aseptic procedures,**
- **After body fluid exposure/risk,**
- **After touching a patient and**
- **After touching patient surroundings.**

We need your help to save lives. Currently, we have 92 percent compliance with hand hygiene. We need your help to get to 100 percent compliance.





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## Christmas Spirit All Around Us!



Ho! Ho! Ho! The nephrology clinic team (left) donned Santa hats as part of our Christmas Spirit Week activities.

Lots of red and green could be seen in the Lab (below) where Associates dressed from head to toe in their holiday outfits.



The Human Resources team (above) celebrated the season by sharing a holiday meal!

Santa and Mrs. Claus joined our leadership team to wish Associates a merry Christmas (right) during the Holiday Meal served Monday evening.



It's National Ugly Christmas Sweater Day and our CCF teams didn't want to miss out on the fun! Darth Vader even showed up to spread some Christmas cheer.



## 'Tis the Season for Santa and Christmas Cheer



Blue Santa kicked off his 10<sup>th</sup> Christmas Holiday Season with a stop at The Children's Hospital of San Antonio on Sunday morning to wish children a happy Christmas and great New Year!

Blue Santa was joined by Blue Bear and many costumed characters who enjoyed visiting with children and presenting each one with a special plush animal!

## Archbishop Blesses Trees Decorated by Associates



Archbishop Gustavo García-Siller admired and blessed all 50 Christmas trees before they were picked up and delivered to families served by Catholic Charities.



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## Ally Brooke's San Antonio Homecoming Former NICU Baby Returns for a Visit



Ally Brooke and her parents, Pat and Jerry Hernandez, enjoyed visiting the hospital and meeting nurses who cared for Ally when she was a patient in the NICU in 1993.



Parents in the NICU were inspired by the fact that Ally started out as a tiny NICU baby! They said seeing Ally gave them hope that their babies would grow healthy and strong, too!

Angela, a NICU nurse, was thrilled to meet Ally and told her she had been rooting for her to win *Dancing with the Stars*. Ally and her partner were finalists in the most recent season of the hit show on ABC.

Ally and her parents received a warm welcome from Sister Sarah Lennon (right).



Ally's visit to The Children's Hospital will be featured on KSAT-12's SA Live show on Friday. She is also scheduled to sing at the Opening Spectacular for the Rose Parade in Pasadena, California, on New Year's Day!





## Lip Sync Battle: Christmas Edition



Another round of lip syncing was in order to celebrate the holiday season and bring some laughs to Associates, children and their families who gathered in the lobby Friday afternoon.

Congratulations to Human Resources for winning the applause meter with their rendition of Rockin' Around the Christmas Tree.





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### A Christmas Prayer Shared by Sister Sarah Lennon

